



# The Academies of Lexington

FREDERICK DOUGLASS HIGH SCHOOL

EXPLORE YOUR **WORLD**.  
FIND YOUR **FUTURE**.



## WELCOME CLASS OF 2021 TO THE FRESHMAN ACADEMY

AT FREDERICK DOUGLASS HIGH SCHOOL

As a 9th grade student, you will begin your educational experience in a Freshman Academy to promote an exciting and positive transition from middle school to high school.

### FRESHMAN ACADEMY



You will be a member of a **small learning community with a dedicated principal, counselor and core group of teachers and peers.**



Engage in team-based activities, develop your leadership skills, identify and grow your strengths, and discover new interests.



Learn essential skills through hands-on projects and workshops.

### HIGHLIGHTS

- » Small learning community: small teams of students and teachers offer a personalized learning experience
- » Core Classes: English, Math, Science, plus electives and Freshman Seminar
- » Exposure to career options
- » Career Expo: an interactive career exploration event
- » Field trip to college campus
- » Guest speakers
- » Workshops that introduce extra-curricular, co-curricular, sports and other school sponsored activities

### FRESHMAN ACADEMY TEAM

Josh Williams, Freshman Academy Principal  
Susan McVey, Freshman Academy Counselor  
859.381.3780



## SCHEDULE



### ALL YEAR FRESHMAN SEMINAR COURSE

All freshmen will take the Freshman Seminar course. Along with career exploration and development, this one-year course teaches essential success skills such as how to take initiative and responsibility, effective teamwork and communication, critical thinking and problem-solving. This course will help you make an informed decision as to which academy you will enroll in your sophomore through senior year (see chart below), and what personal, collegiate and professional journey you would like to embark on after high school. Freshman Academy helps you explore your world and find your future.



### FALL SEMESTER

Held in the beginning of your first semester, the **Commitment to Graduation Ceremony** is a time when you will make a pledge to yourself, your classmates, and your families, that you will work hard to complete high school in four years.

Later in the fall, the **Academies of Lexington Career Expo** offers you the opportunity to meet local business professionals, experience hands-on demonstrations, and learn more about your future career options.



### SPRING SEMESTER

Each Spring, Freshman Academy students are given a unique opportunity to visit the campus of one of our college partners. While you are there, you will tour the campus, talk with a panel of college students, experience campus cuisine, and start to picture your life after high school.

## FREDERICK DOUGLASS ACADEMIES AND PATHWAYS (10th - 12th GRADES)

